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### President's Message

Iowa ACEP Members,

Dedication to and enthusiasm for medicine – where is it? Sometimes I feel more jaded than I would like this early into my career. Who starts down this path, yet sees what we see every day, and is still excited about the future of medicine and a career caring for others?

Her name is Margret. Margret is a 22-year-old ambitious, intelligent, outgoing, and personable former scribe of mine. We worked together for well over 2-years at Allen. She even lived with my family for three months while working and taking classes. Margret truly saw what life as an Emergency Medicine physician entailed – from the shifts, the commute, the time away from family, the mental toll it takes. She saw it all. During her medical school application process, we even worked on putting into words just what being a physician means, and she learned even more facets of being a physician. What would scare away the meek or less dedicated only strengthened her determination to become a physician.

Margret often told me how much I have inspired her over the years. She doesn't realize just how mutual that feeling is — how refreshing it is to work with someone so intelligent, dedicated, and with an amazing work ethic. We talk about conferences and advocacy. She has heard me say many times that you cannot complain about something you are not willing to fix. Margret is willing to put the work in to her application, her education, and her future in medicine. She is excited to advocate for her profession. I plan to take Margret to the next LAC conference with me, and I'm excited to show her just what we do for EM and our patients on the Hill.

Perhaps the future of medicine is not so grim. We can help shape our future through people like Margret. I encourage all of you to contribute to this generation and help keep the excitement and dedication to medicine alive and well.

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## **Spotlight a Chapter Board Member**

### **Nicholas H. Kluesner, MD**

#### ***Iowa ACEP Chapter Position?***

I am the current President-Elect of the Iowa Chapter of the American College of Emergency Physicians. I have served one previous full term on the Board of Directors, represented the chapter as Councillor this year. I also serve on the Ethics Committee for ACEP at a national level.

#### ***Where do you practice?***

UnityPoint Health – Des Moines. In addition to clinical work, I serve as the Associate Medical Director. We are a hospital-employed group, covering Iowa Methodist Medical Center, Iowa Lutheran Hospital, Methodist West, and Grinnell Regional Medical Center.

#### ***What drew you to Iowa?***

I grew up in Ames, Iowa and completed medical school and residency at the University of Iowa. When discerning our destination after residency, we primarily factored in (among many things) proximity to family, the feeling of community, and the sense of mission and relationships embodied in the hospital / practice environment.

#### ***What is your everyday care for a shift?***

I have my “morning shift”, “afternoon shift” and “overnight shift routines. Each are subtly different, but each includes exercise. Although it can be a physically and psychologically heavy lift at times, if several days go by without mustering up a sweat, I can feel my energy for work and home waning.

#### ***What is your favorite thing about emergency medicine?***

When I applied to EM residencies, I emphasized three things: the safety net virtue of the role we play in society, the portability and adaptability of the clinical skillset, and the ability to make an immediate and direct impact on patients’ lives in front of us. These remain true today. I try to turn back towards these values when I find myself frustrated at work. Usually whatever challenge I’m facing can be infused with one of these great aspects of our job for the better.

#### ***What is interesting about you?***

I’m not sure how interesting or unique this is, but certainly the most important aspect of my life is my wonderful wife Megan and our four children (Charlie – 8, James 7, Teddy 5, Joe 2). My wife and I met as undergraduate students at Notre Dame, and this would probably be what most people who know me will remark about: I have a gaggle of blonde-haired-blue-eyed boys and am an avid Notre Dame fan.

#### ***Goal in your position or as a leader of the chapter?***

We no doubt face unprecedented times in public health, economics, and social policies - and as we know from decades of experience - the crossroads of these sits squarely in the ED. I would like to help Emergency Medicine be a voice of steady reason and resolve in these tumultuous times, playing a more active role to inform our political and local leaders. We are in an important position as Iowa-ACEP especially to shape the spectrum of care provided to patients in emergency departments across our rural state.



The Kluesner Boys



The Kluesner Family



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## Iowa ACEP Chapter Reception Westin Boston Seaport

This year the Iowa ACEP Chapter Reception was held at the Westin in Boston. Thanks to UnityPoint Allen and University of Iowa for their generous donation!

We hope to see you at the 2022 Reception that will be held at ACEP's annual meeting that will be held in [San Francisco](#) from October 1st - 4th.

*Reception*



Meat Spread



Cheese Spread



From Left to Right: Eric Lewis, Dr. Sokol, and Dr. Hoper



*From Left to Right:* Dr. Dowden, Dr. Wittrock, Dr. Kotob, Dr. Dugdale, Dr. Bach, and Dr. Pederson



*From Left to Right:* Mrs. Kluesner, Dr. Kluesner, and Dr. Lancaster

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## Welcome New Members!

A special welcome to the new members of the Iowa Chapter and to those that renewed their membership with the chapter. We are excited to have you!

[Contact](#) the chapter if you would like to get involved at chapter or national level. We can help!

Adam Carrizales, NRP  
Anthony J. Camodeca, DO  
Faizan A. Khan  
Joseph S. Peterson, DO, FACEP  
Lauren Elizabeth Lauterbach  
Mary Whipple

Matthew James Seikel  
Nathan Behrens  
Noah Matthew Hanson  
Pooja Patel  
Sarah L. Miller, MD, FACEP  
Tavi Madden-LeDuc, DO

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## Follow us on Social Media!



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## FROM NATIONAL ACEP



### Featured News

**"We cannot solve the challenges of our time unless we solve them together"**  
In her address to the ACEP Council on Oct. 24, 2021, ACEP President Dr. Gillian Schmitz outlined her vision and approach as the College's new leader. [Watch her speech.](#)

## **EM Physician Workforce of the Future:**

- [Emergency Physicians Explore the Future of the Emergency Medicine Workforce](#) (ACEP Now, 10/25/21)
- [2021 Survey of the Emergency Medicine Job Market](#) (ACEP Now, 10/18/21)
- Get the latest workforce updates at [www.acep.org/workforce](http://www.acep.org/workforce).
- Visit [ACEP's Career Center](#)

## **Regulatory News:**

- [Status Update: ACEP Actions to Push Back Against Flawed No Surprises Act Regulation](#) (11/18/21)
- [Breaking down the Biden Administration's new vaccine mandates: How do they impact you?](#) (11/11/21)
- [Emergency Physicians Call on Biden Administration to Amend Interim Final Rule on Surprise Billing](#) (11/9/21)
- [The 2022 Physician Fee Schedule Final Reg: Highlights and Perspective](#) (11/4/21)

## **EM Physicians Join Forces to Create Award-Winning COVID-19 Field Guide**

In this video, ACEP members tell the origin story of the award-winning [COVID-19 Field Guide](#), a valuable resource that has been utilized by emergency clinicians in more than 160 countries.

## **Rescue Team Doctor at the Surfside Condo Collapse Shares Experience**

In this [ACEP Now article](#), Dr. Benjamin Abo gives a firsthand account of what it was like for the urban search and rescue teams that responded to the Surfside condo collapse. (Plus, get bonus content from Dr. Abo on this month's [ACEP Nowcast](#).)

## ACEP Member Benefits

### **A Checklist to Help You Negotiate The Best Employment Contract**

Employment contracts are complex and often difficult to navigate. [This checklist](#) is designed to help you consider all the right questions when reviewing any employment contract you receive.

### **Legal and Financial Support Services**

For just \$15 per year, ACEP members can access Mines & Associates' [legal and financial support assistance](#). This service includes unlimited 30-minute in-person consultation for each individual legal matter, unlimited telephonic 30-minute consultation per financial matter, and 25% discount on select legal and financial services all with MINES network legal and financial professionals.

For more employment contract & job hunt resources, visit [ACEP's Career Center](#)

## Upcoming ACEP Events and Deadlines

**Nov. 29-Dec. 4:** [EM Basic Research Skills \(EMBRS\) Workshop](#)

**Dec. 4:** Last day to submit your videos for the [TikDoc Challenge](#)

**Dec. 16:** [Alleviating the Pain: Managing Sickle Cell Patients](#)

**Jan. 17-19:** [Reimbursement & Coding Conference](#)

**Jan. 18:** [Advanced EM Ultrasonography Exam Review Course](#)

## Iowa ACEP Chapter

Stacey M. Marlow, MD, JD, FACEP - President

[Adriana Alvarez](#) - Chapter Executive Director

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