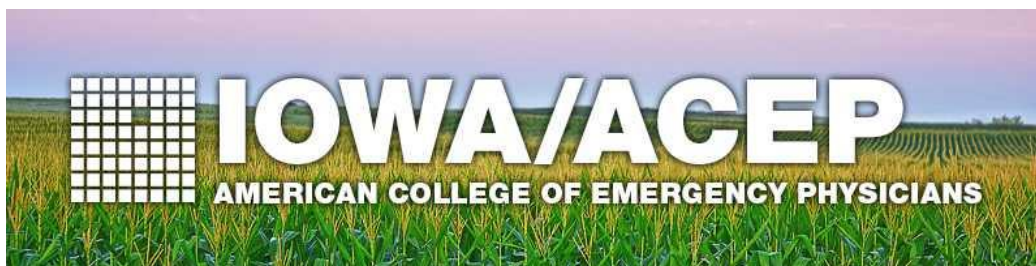


A Newsletter for the Members of the Iowa Chapter - Summer 2022

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President's Message Nicholas H. Kluesner, MD, FACEP

Iowa ACEP Members,

With my first letter as your president this year, I want to share a bit of my background and prompt you with a thought on the role of emergency medicine. I grew up in Ames under the shadows of Jack Trice Stadium and McFarland Clinic.

For those of you in the area, I contributed to most of the landscaping you'll see at the clinic in my high school summers, and I'm convinced that Rod the maintenance guy was the hardest working person in that organization. I studied Biology and Philosophy at Notre Dame, which is how I find myself sitting on the IMS Law and Ethics Committee and ACEP Ethics Committee. Seven years of medical school and residency in Iowa City led me now to Des Moines, where I work at UnityPoint as the Associate Medical Director of our three ED's. I'm looking forward to this opportunity as President of Iowa ACEP to help advance the care of our patients and the practice of emergency medicine in our state during these tumultuous and critical times.

As all of us who work in emergency medicine appreciate that there seems to be a tension between the focus of our training in managing medical emergencies and the increasing reliance on the ED as a panacea for the socioeconomically disenfranchised, frustrations with a dis-coordinated and dysfunctional healthcare insurance marketplace, diagnostic uncertainty, and risk mitigation. We all feel that conflict as we struggle to reconcile what is being asked of us from society and the healthcare community with increasingly constrained resources (who else is tracking CT utilization and at the same time fielding referrals to the ED for “a scan”?).

Emergency medicine, however, in the 1970’s was born out of this kind of necessity – I’d submit it is the only grassroots specialty, homegrown by the medical staff to fill a critical void in patients’ needs. And to that ethos society has continued to turn for refuge and help with chronic mental illness, substance abuse, social and legal conflicts, and the dwindling aged. Sometimes it feels like the label of “emergency medicine” doesn’t capture all that we do any more.

Recently in Des Moines, we crafted a mission statement and values for our emergency departments to try to encapsulate this reality. We hold it up to our colleagues, our leaders, and ourselves as evidence of the important role we play not just in the care of our critically-ill patients but also in society at-large. When we are approached to be the next incremental solution to a challenge that isn’t easily remedied through the hospital, clinics, or community programs, we turn to this mission and these values to help shape and support our response. If you haven’t yet, I’d encourage you and your emergency department to do similar: sit down together (preferably over a beverage) and see if you can articulate the mission and values you aspire to and want to shape your practice. I would love to hear what you come up with.

Additionally, in our most recent Chapter Annual Meeting that was held in-person on Friday, July 1st at Americana in DesMoines, an election was held. Join me in welcoming the current Chapter Board Members. They are the following:

President-Elect Zachary Rasmussen, MD	Elected Councillor Rachael Sokol, DO, FACEP
Secretary Rachael Sokol, DO, FACEP	Councillor Kathryn K. Dierks, DO, FACEP
Treasurer Nash Whitaker, MD	Councillor Ryan M. Dowden, MD, FACEP
Immediate Past-President Stacey M. Marlow, MD, JD, FACEP	Alternate Councillor Stacey M. Marlow, MD, JD, FACEP
Director at Large Hijinio G. Carreon, DO, FACEP	Alternate Councillor Nicholas H. Kluesner, MD
Director at Large Cory Wittrock, MD, FACEP	Alternate Councillor Hans R. House, MD, FACEP
Resident Representative (UICCM) Omar G. Shaban, MD	Alternate Councillor Jacqueline E. Kitchen, MD
Student Representative (UICCM) Joseph Mueller	Alternate Councillor Thomas E. Benzoni, DO, FACEP
Student Representative (DMU)	

Kameron Hartung	
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In this coming year, I look forward to [hearing from you](#) about what practice and patient care concerns are the center of your worlds around the state. I hope together we can leverage our college and colleagues to make a positive impact on healthcare in Iowa.

Welcome Chapter Officers!

Zachary Rasmussen, MD

I practice at UnityPoint Health Trinity in the Quad Cities covering Emergency Departments in Bettendorf, Rock Island, Moline, and Muscatine. I am originally from Independence, Iowa.

I went to the University of Iowa where I studied Biomedical Engineering before completing medical school at the University of Iowa Carver College of Medicine.

I did my residency training at University Hospitals Cleveland Medical Center in Cleveland, Ohio



I served as Chief Resident and ACEP Resident Councillor at the University Hospitals in Cleveland, Ohio. My experience with the ACEP Council as a Resident Councilor motivated me to continue my involvement with ACEP when I returned to Iowa after residency and I am now the current President-Elect of the Iowa Chapter of ACEP.

My wife Ellen, 6-month-old son Joe, and our dog Gus live in Bettendorf, Iowa. We enjoy going to University of Iowa football games and travelling to National Parks.

I look forward to serving as your President-Elect. During my term I aim to help us all provide the best emergency care possible for the people of Iowa while also ensuring emergency medicine remains a satisfying and impactful professional career.



Son: Joe
Dog: Gus



Nash Whitaker, MD



An Omaha native, I completed my residency training at Indiana University and stay as faculty until moving to Iowa just a few weeks ago. I joined UnityPoint Health to direct the new Emergency Medicine Residency Program.

My finance, Kelsie, is a nurse practitioner in oncology and together we spoil our two dogs, Winston and Luna. In my spare time, I enjoy hunting, fishing, and competitive skeet shooting.

I am excited to join the Iowa ACEP Chapter as treasurer and connect with EM physicians across the state.



*Fiancee: Kelsie
Dog: Winston*

Iowa ACEP Chapter Reception

Join us for the annual chapter reception that will be held during [ACEP22](#) in San Francisco.

When: Sunday, October 2nd

Where: [ACEP22](#) in San Francisco

Time: 5:30PM-7PM PDT

Venue: Hilton Union Square San Francisco

Conference Room: Ballroom Level, Room Continental Ballroom 1

RSVP: [Here](#)

Significant others & children are welcome. Registration is required by Sunday, September 25th @ 5:30PM CDT.



IOWA ACEP CHAPTER RECEPTION

Sunday, October 2nd

5:30PM-7PM PST

Catch up with colleagues while enjoying
drink & food

*Co-sponsored by
UnityPoint Health/Allen Hospital & University of Iowa*

RSVP:
<https://bit.ly/3dp6oAt>

*Significant others & children
are welcome*

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**Adriana's Corner
Know Before you Go!**

If you are planning to attend [ACEP22](#) in San Francisco. Find information about the COVID protocols [here](#). Your safety & health matters to us!

Welcome Members!

A special welcome to the new members of the Iowa Chapter and to those that renewed their membership. Please [reach out](#) if you would like to become involved at the chapter level, including leadership opportunities.

We are excited to have you!

Billy Guzman, MD	Jordan Miller, DO
Bryce Thomas Lord	Joshua Trebach, MD
Daniel Patrick Runde, MD, FACEP	Kaitlyn Mcquade, MD
Erin Marie Evans, MD	Katherine Aneta Marciniac, DO
Ethan Monhollon, MD	Nancy Mikati, MD
Halie Jo Larsen	Nash P. Whitaker, MD
Holly Beth Healey, DO	Nathan Pfister, MD
Jamie Lynn Miller	Yagnaram Ravichandran, MD, FACEP

Follow us on Social Media!



FROM NATIONAL ACEP



ADVANCING EMERGENCY CARE 

ACEP Resources & Latest News

New Monkeypox Emergency Medicine Project Requests Case Images

ACEP has partnered with VisualDx to create the [Monkeypox Emergency Medicine Project](#). Together we are asking you to contribute your confirmed monkeypox case images to the initiative. Images will be deidentified and made freely accessible to ACEP members to better assist recognition, clinical care, and education. It will also be available within the VisualDx system. [Learn more.](#)

More Monkeypox Resources: We are regularly updating our [Monkeypox Field Guide](#) and providing weekly rundowns in the [Emerging Threats Communication Hub](#), an open discussion forum for all ACEP members.

Current Insurer Calculation of Qualified Payment Amount for Out-of-Network (OON) Care May Violate No Surprises Act

A new study indicates health insurers are trying to game the system again. [Learn more.](#)

Apply for ACEP's Reimbursement Leadership Development Program by Sept. 8.

ACEP is sponsoring three members to attend several key events in order to train the future leaders in EM reimbursement. Commitment is estimated at 25 days of travel during the 18-month program. [Learn more.](#)

Advocacy at Home: August Recess Toolkit

Elected officials are heading back to their districts for the month and our [Advocacy At Home: August Recess Toolkit](#) can help you set and prepare for local meetings with federal legislators or staff. This is a great time to share your stories that personalize our calls for policy changes. Find this toolkit and more helpful resources for speaking with media and legislators in [ACEP's Media Hub](#).

Get Your Bike Helmet Ready! Dr. and Lady Glaucomflecken are Speaking at ACEP22

Don't miss these social media sensations as they share their perspectives about the physician, patient and family experience. Join us Oct. 1-4 in San Francisco for the [world's largest EM educational conference!](#)

ACEP22 Travel Discounts You Need to Know About

- Hotels: Seven ACEP22 hotels have [recently discounted rates](#) for you! If you already booked through OnPeak, your rates will be automatically lowered. If not, you can still book with these discounted rates.
- Airfare: ACEP + TripEasy = [savings up to 20% off flights](#)

Myth BustED: Patients' Rights in the Emergency Department

ACEP recently launched a "Myth BustED" video series to debunk common misconceptions and educate the public about emergency care. In our first video—[Patients' Rights in the Emergency Room](#)—Dr. Avir Mitra educates patients about laws like EMTALA and the Prudent Layperson Standard that protect access to emergency care. [Watch now to see how ACEP is encouraging patients to always seek care when they need it.](#)

New Bedside Tool for Patients Experiencing Cancer Immunotherapy-related Issues

ACEP has a new point-of-care tool, ImmunoTox, focused on caring for patients who

are experiencing adverse events related to cancer immunotherapy. The pathway includes history/physical, testing, management, disposition and immunotherapy pearls. The tool also includes six PDFs for optional download. [Learn more.](#)

Introducing the EM Opioid Advisory Network

Receive clinical guidance, discover tools and resources, and get your questions answered through ACEP's EM Opioid Advisory Network. ACEP's new initiative connects emergency physicians combating the opioid crisis with expert advice on managing Opioid Use Disorder patients presenting in the ED, creating a protocol to initiate buprenorphine, and more. The expert panel is here to help ALL emergency health care professionals, free of charge. [Learn more.](#)

ACEP is seeking comments on a **draft clinical policy for patients with suspected appendicitis.** [Weigh in.](#)

Podcast: Have you checked out the [newest Frontline podcast](#) episode featuring EM physician and astronaut Dr. Thomas Marshburn?

Now Accepting ACEP23 Course Proposals

As we start our countdown to ACEP22 in San Francisco, we're already thinking about ACEP23 in Philadelphia! ACEP's Educational Meetings Subcommittee is now accepting course proposals for the 2023 Scientific Assembly. [Learn more.](#)

In Memoriam: [ACEP remembers emergency medicine pioneer Jim Roberts, MD, FACEP.](#) One of the first five board-certified emergency medicine physicians, Dr. Roberts became a household name in our specialty through his authorship of *Clinical Procedures in Emergency Medicine and Acute Care*, a prominent book that printed seven editions.

Upcoming ACEP Events and Deadlines

October 1-4: ACEP Scientific Assembly in San Francisco

October 17-22: [EM Basic Research Skills \(EMBRs\)](#)

November 11: Last day to submit [ACEP23 course proposals](#)

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